

SAMHSA Resources about Fetal Alcohol Spectrum Disorders (FASD)

For Prevention Professionals

- **Preventing FASD: Healthy Women, Healthy Babies (fact sheet)**
Defines FASD and summarizes the Surgeon General's Advisory on Alcohol Use in Pregnancy. Emphasizes the importance of early screening of women, especially pregnant women.
<http://store.samhsa.gov/product/SMA07-4253>
- **Effects of Alcohol on a Fetus (fact sheet)**
Alerts pregnant women to the dangers of drinking alcohol while pregnant. Details physiological effects alcohol has on a fetus at various stages of gestation. Defines Fetal Alcohol Spectrum Disorders (FASD).
<http://store.samhsa.gov/product/SMA07-4275>
- **Partnership to Prevent Fetal Alcohol Spectrum Disorders: Public Education Program Manual (manual)**
Provides strategies to plan FASD prevention programs, involve providers, disseminate materials, and conduct follow-up evaluations. Combines guidance in mobilizing FASD community partnership programs with research from four successful pilot communities.
<http://store.samhsa.gov/product/MS957>

For Professional Care Providers

- **Recovering Hope: Mothers Speak Out About Fetal Alcohol Spectrum Disorders (DVD with brochures and discussion guide)**
Contains video interviews with mothers of children with FASD. Encourages other mothers to get help for themselves and their children. Includes a printed discussion guide for addiction counselors and brochures for consumers.
<http://store.samhsa.gov/product/SMA09-3979>
- **How Fetal Alcohol Spectrum Disorders Co-Occur With Mental Illness (fact sheet)**
Gives a definition of FASD and describes the risks of failing to recognize FASD when diagnosing a co-occurring mental disorder. Offers advice to treatment providers and a list of cognitive impairments found in people with FASD.
<http://store.samhsa.gov/product/SMA06-4237>

SAMHSA Resources about Fetal Alcohol Spectrum Disorders (FASD)

- **Fetal Alcohol Spectrum Disorders: Curriculum for Addiction Professionals, Level 1 (online course)**
Provides an overview of historical findings related to alcohol use by pregnant women, identification and diagnosis of fetal alcohol spectrum disorders, prevention and treatment methods, and legal issues. Includes six competencies that can be taken at your own pace.
<http://fasdcenter.samhsa.gov/educationTraining/courses/CapCurriculum/index.cfm>
- **Fetal Alcohol Spectrum Disorders: Curriculum for Addiction Professionals, Level 2: Participant Materials (training manual)**
Outlines a curriculum on FASD for clinicians who address addiction issues. Describes ways to prevent, recognize, and address FASD and provides a skills-based training on practical applications of the material learned in Level 1.
<http://store.samhsa.gov/product/SMA07-4297>

For Women

- **Effects of Alcohol on Women (fact sheet)**
Provides information about the way alcohol affects women, including health risks and susceptibility to intoxication. Discusses the risks of drinking alcohol while pregnant, including the risk of FASD. Includes a resource guide.
<http://store.samhsa.gov/product/SMA06-4244>
- **How to Have a Healthy Baby: Be an Alcohol-Free Mother-To-Be (poster)**
Provides a message to increase awareness of FASD among pregnant women: "How to have a healthy baby: Be an alcohol-free mother-to be."
<http://store.samhsa.gov/product/AV250>
- **Tenga un bebé saludable. Si está embarazada, no tome! (Have a Healthy Baby: Be an Alcohol-Free Mother-To-Be) (fact sheet, electronic only)**
Describe los peligros de tomar alcohol durante el embarazo. Ofrece alternativas de actividades para las mujeres embarazadas. Provee estadísticas acerca de la cantidad de bebés que nacen cada año con problemas causados por el uso del alcohol durante el embarazo, que incluye asuntos de salud de por vida para los niños.
<http://store.samhsa.gov/product/AV250S>

SAMHSA Resources about Fetal Alcohol Spectrum Disorders (FASD)

- **Alcohol Can Harm the Way Your Baby Learns and Behaves (one-page flyer)**
Alerts pregnant women to the dangers of drinking alcohol while pregnant. Mentions children who have problems learning and paying attention because of their mother's alcohol use during pregnancy.
<http://store.samhsa.gov/product/AV245>
- **El alcohol puede dañar la habilidad de su bebe para aprender y para comportarse. (Alcohol Can Harm the Way Your Baby Learns and Behaves)(one-page flyer)**
Alerta a las mujeres embarazadas sobre el peligro de tomar alcohol durante el embarazo. Menciona a los niños que tienen problemas de aprendizaje y de atención debido al alcohol que tomó la madre durante el embarazo.
<http://store.samhsa.gov/product/AV245S>
- **Fetal Alcohol Spectrum Disorders Among Native Americans (fact sheet)**
Provides information and statistics about FASD in the Native American population. Gives a definition of FASD and explains what is being done to address FASD in Native American populations. Includes a resource guide.
<http://store.samhsa.gov/product/SMA06-4245>
- **Fetal Alcohol Spectrum Disorders by the Numbers (fact sheet)**
Provides statistics about FASD. Gives definitions, risk factors, and prevention efforts. Includes statistics on the number of pregnant women who drink in the United States and the problems faced by children and adults born with FASD.
<http://store.samhsa.gov/product/SMA06-4236>

For Children

- **My Sibling Has a Fetal Alcohol Spectrum Disorder. Can I Catch It? (fact sheet)**
Written for children who have a sibling with FASD. Provides a definition of FASD and answers questions a child might have, focusing on the feelings of the sibling. Contains a resource guide, games, and activities.
<http://store.samhsa.gov/product/SMA06-4247>

SAMHSA Resources about Fetal Alcohol Spectrum Disorders (FASD)

For Parents and Caregivers

- **What Do I Do? Helping Your Kids Understand Their Sibling's Fetal Alcohol Spectrum Disorder (brochure)**
Defines FASD and contains suggestions for parents about discussing FASD with siblings. Lists the challenges faced by children with FASD and the fears, pressures, and confusion often felt by siblings.
<http://store.samhsa.gov/product/SMA06-4246>
- **Adopting and Fostering Children With Fetal Alcohol Spectrum Disorders (fact sheet)**
Helps parents and prospective parents of children with FASD to learn about the condition, the effect that FASD has on children, and ways to gather information and weigh considerations before adopting or fostering a child with FASD.
<http://store.samhsa.gov/product/SMA07-4254>
- **Fetal Alcohol Spectrum Disorders: When Your Child Faces the Juvenile Justice System (fact sheet)**
Defines FASD and describes the rights of a child with FASD who comes in contact with the juvenile justice system. Provides advice for parents about requesting an adaptive functioning evaluation and determining competency.
<http://store.samhsa.gov/product/SMA06-4241>

For Law Enforcement and Professionals in the Legal Field

- **Fetal Alcohol Spectrum Disorders and Juvenile Justice: How Professionals Can Make a Difference (fact sheet)**
Provides information about FASD and the juvenile justice system. Defines FASD and discusses why youth with the condition might find themselves in court, as well as ways the justice system can take FASD into consideration.
<http://store.samhsa.gov/product/SMA06-4240>
- **Fetal Alcohol Spectrum Disorders and the Criminal Justice System (fact sheet)**
Defines FASD and lists reasons someone with FASD might face the law. Suggests strategies for the criminal justice system to better address the needs of someone with FASD, and discusses specific legal issues.
<http://store.samhsa.gov/product/SMA06-4238>

SAMHSA Resources about Fetal Alcohol Spectrum Disorders (FASD)

- **Tools for Success Curriculum: Working with Youth with Fetal Alcohol Spectrum Disorders (FASD) in the Juvenile Justice System (training manual, electronic only)**
Designed for training juvenile justice professionals in the recognition and treatment of fetal alcohol spectrum disorder (FASD) in juvenile offenders. Includes seven modules with slides, activities, and camera-ready handouts; two facilitator manuals; and CD.
<http://store.samhsa.gov/product/SMA07-4291>

For Educators

- **Reach to Teach: Educating Elementary and Middle School Children with Fetal Alcohol Spectrum Disorders (brochure, electronic only)**
Provides a resource for parents and teachers to use in educating elementary and middle school children with fetal alcohol spectrum disorders (FASD). Discusses FASD in the classroom and strategies for improving school success and parent-teacher communication.
<http://store.samhsa.gov/product/SMA07-4222>